



GREENBANK STATE SCHOOL TUCKSHOP MENU

TERM 1 2021



Breakfast 8.15-8.45am First Break 11.00 - 11.25am Second Break 1.30-2.05pm

BREAKFAST 8.15am -8.45am		SALADS		DRINKS		
Yoghurt	\$ 2.50	Healthy Salad Tub <i>Lettuce, Tomato, Carrot, Mayo, Pineapple, Beetroot & Cucumber</i>	\$ 4.50	600ml Bottled Water	\$ 1.50	
Slice of Toast with Vegemite, Jam or Honey	\$ 1.50			250ml Juice Popper	\$ 2.00	
Ham and Cheese Croissant	\$ 4.00			Cup of Fresh Milk	\$ 1.00	
Egg & Bacon Roll	\$ 4.00	Caesar Salad Tub <i>Lettuce, Parmesan Cheese, Bacon, Boiled Egg, Croutons & Dressing</i>	\$ 5.50	Chocolate or Strawberry Milk	\$ 3.00	
Cheese Toasty	\$ 3.50			Up & Go Choc, S/berry, Banana, Vanilla, Caramel	\$ 3.00	
Ham and Cheese Toasty	\$ 4.50			Iced Tea - Lemon or Peach	\$ 3.00	
Hot Chocolate & Marshmallows Large	\$ 4.00	ADD Chicken, Ham or Tuna	\$ 1.50	FRUIT		
SANDWICHES		ADD Cheese	\$ 0.50	Cut up Apple or Pear	\$ 1.50	
Vegemite, Strawberry Jam or Honey	\$ 3.00	ADD Avocado	\$ 1.00	Fruit salad tub	\$ 3.50	
Cheese	\$ 3.00	HOT FOOD - EVERYDAY		SNACKS		
Cheese & Tomato	\$ 3.30	Hot Dog with Sauce choice :	\$ 3.50	Yoghurt Tub	\$ 2.50	
Ham & Cheese	\$ 4.00	<i>Tomato, BBQ or Sweet Chilli</i>		Jelly Cups	\$ 2.50	
Chicken	\$ 3.50	ADD Cheese	\$ 0.50	Custard Cup	\$ 2.50	
Ham	\$ 3.50	Homemade Spaghetti Bolognaise	\$ 4.50	Chips - Original or Chicken Honey Soy or Popcorn	\$ 1.50	
Tuna	\$ 3.50	Homemade Lasagne	\$ 4.50	Vege Chips (Gluten Free)	\$ 1.50	
Egg & Curried Egg	\$ 3.50	Homemade Vegetarian Pizza Small	\$ 3.50	Assorted Cake Slices - Choc or Vanilla	\$ 1.50	
Salad - Lettuce, Tomato, Carrot & Cucumber	\$ 4.00	Garlic Bread	\$ 0.80	Cup Cake	\$ 0.50	
ADD Chicken, Ham or Tuna	\$ 1.50	Corn on the Cob	\$ 1.00	Gluten-free Cup Cake	\$ 1.00	
ADD Cheese	\$ 0.50	Hamburger: Beef Pattie, Lettuce, Tomato & Sauce	\$ 4.50	Choc Mud Cake	\$ 3.00	
ADD Avocado	\$ 1.00	Veggie Pattie Burger	\$ 4.50	Banana Bread	\$ 2.50	
ADD Toasting	\$ 0.50	Chicken Breast Burger	\$ 4.50	Cheese and Crackers	\$ 3.00	
Gluten Free Bread Available	\$ 1.00	Chicken Sub: Lettuce, Tom, Mayo. & Popper or Water	\$ 5.50	Boiled Egg	\$ 1.00	
WRAPS		Meatball Sub with Cheese	\$ 5.00	Healthy Snack Pack <i>Boiled Egg, Crackers & Cheese, Carrot Sticks & Fruit</i>	\$ 4.50	
Salad - Lettuce, Tomato, Carrot & Cucumber	\$ 4.00	Large Homemade Pizza with choice of: <i>BBQ Chicken, Veggie, Cheese & Bacon</i>	\$ 5.00			ICEBLOCKS
ADD Chicken, Ham or Tuna	\$ 1.50	Homemade Bacon & Cheese small Pizza	\$ 3.50	Juicy Stick	\$ 1.00	
ADD Cheese	\$ 0.50	Sausage Roll	\$ 3.50	Icy Twist (Lemonade)	\$ 1.50	
ADD Avocado	\$ 1.00	Traveller Meat Pie	\$ 4.50	Calipo (Raspberry Pineapple)	\$ 1.50	
TOASTED SEEDED TURKISH BREAD		Snack Beef Pie or Potato Pie	\$ 3.50	Paddle Pop	\$ 1.60	
Chicken or Ham with Avocado, Cheese, Pineapple	\$ 5.50	Nachos with Tomato Salsa and Cheese	\$ 4.50	Vanilla Ice Cream Tub	\$ 2.00	
MEAL DEAL (Inc Bottle of Water or Popper Juice)		Seasoned Potato Wedges	\$ 3.00	Slushie	\$ 2.20	
Fish Fingers, Carrot Sticks & Tomato Sauce	\$ 5.50	Dim Sim x 1	\$ 1.00			
Chicken Breast Nuggets, Carrot Sticks & Salsa Dip	\$ 5.50	SAUCES : BBQ, Tomato, Sour Cream, Sweet Chilli				FLEXISCHOOLS ONLINE ORDERING www.flexischools.com.au
Gluten Free Chicken Breast Nuggets Option	\$ 5.50					
Separate bags are required for 1st & 2nd Break		Our menu is compliant with Qld Government Smart Choices Volunteers are always welcome Phone 3297 5660				
BIRTHDAY CUP CAKES FOR THE CLASS	\$ 0.80					
48 hours notice required-minimum						