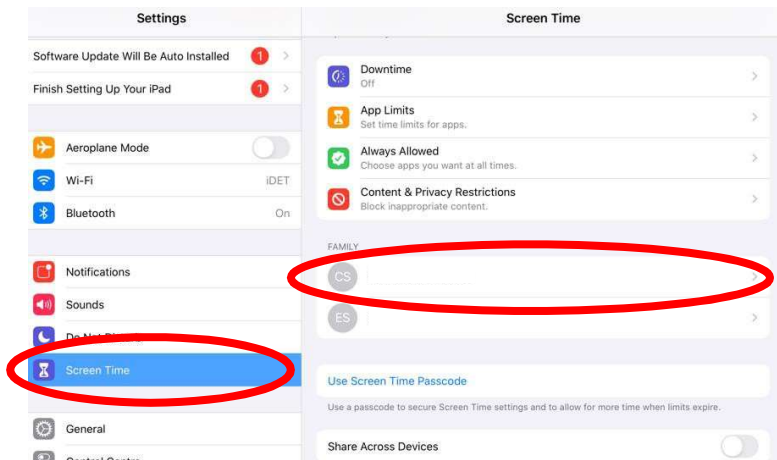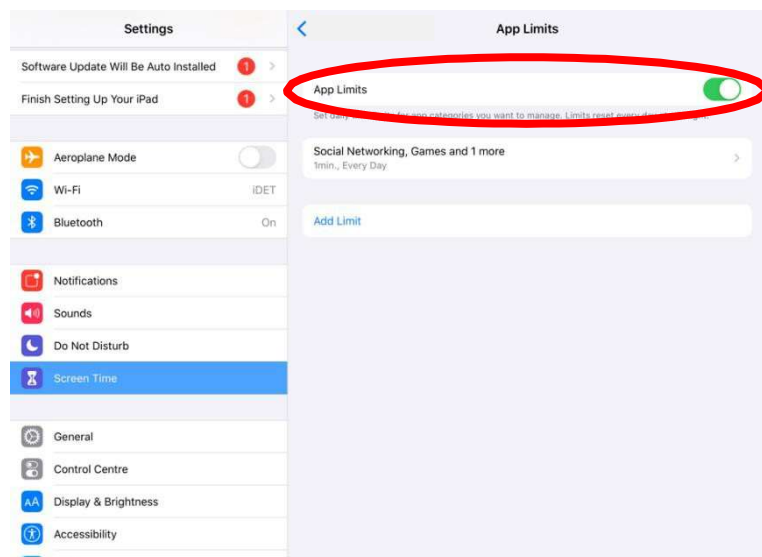# Screen Time and Downtime

(This is recommended but not required)
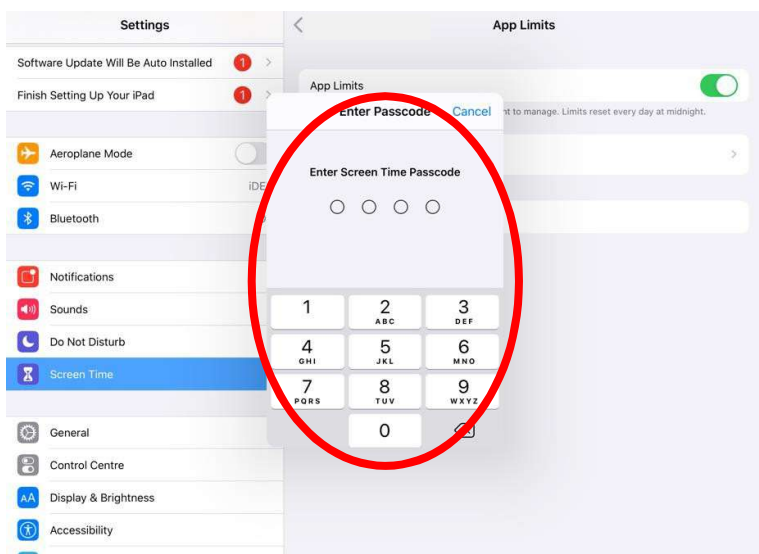

Step 1.

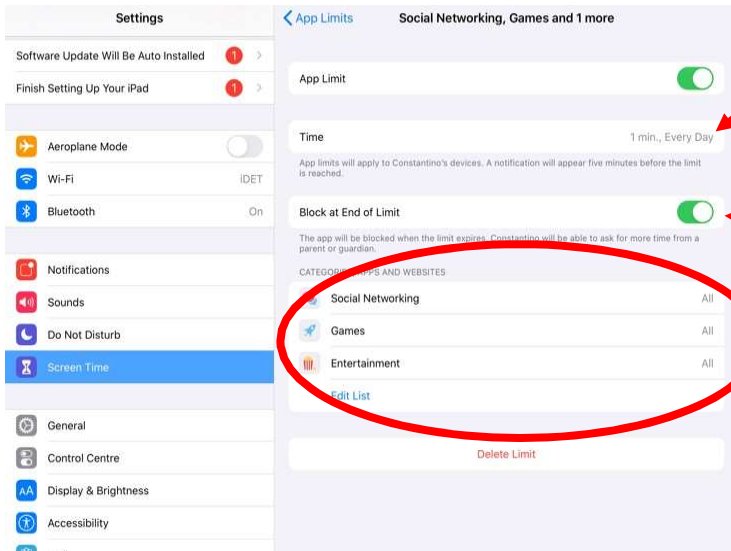☐ Select *Settings > Screen Time > select your first child*

Step 2.

☐ Select *App Limits*

Step 3.

☐ Enter the Screen Time passcode.

REMEMBER – children should not know this passcode as they go in and change the settings.
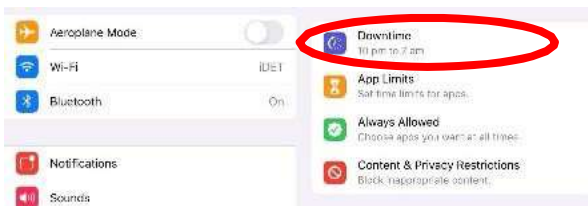
Step 4.
☐ Ensure Time is set for 1min, Every Day

Step 5. IMPORTANT
☐ Select "Block at End of Limit"
Otherwise your child will have unlimited access to these Apps

Step 6.
☐ Edit Categories to be:
- Social Networking
- Games
- Entertainment

Downtime is a feature to assist families at home to ensure children are getting the required rest hours.

Start Downtime: whatever hour after school you wish. Eg **6:00pm**

Finish Downtime: Whenever you wish your child to have access to their Apps before school starts. Eg **7:00am**

Please Note: "Block at End of Limit" option will not be available if there is no passcode, to have this option show, please select "Use Screen Time Passcode" and create a passcode that only you know (children should not know this passcode).

If Screen Time is enabled the teacher must be given the pin code for it.